

Achaya Lenormand

Mediterranean Edition



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Vom Kopf ins Herz

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Booklet for your card deck

Achaya Lenormand
Mediterranean Edition

Interpretations & Spreads
of the Lenormand Cards

Achaya

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WELCOME!

I am Achaya.

I was given this name by my spirit guides, and I gladly accepted it. In Kabbalah, it stands for the angel of patience, and honestly, you need that. Not only in life, but especially in working with the cards and the spirit world.

I designed this card deck with a great deal of love and passion.

For you. For me. For everyone who wants to work with it or simply enjoy it.

I have drawn on the classic Lenormand deck with its 36 cards, given it my own very personal touch, and developed four additional cards.

The elements Water, Earth, Aether and Fire were something I had often missed, and now they are here.

In designing the whole deck, I followed my inspiration while working very consciously at the same time.

Because that is also how I work in my readings. Guided by what shows itself in the cards. The spirit world, or "Those up there", as I fondly call them, has its very own way of communicating with me. I don't only perceive words, but also images, feelings, sometimes scents or little film scenes that seem to piece themselves together. That is exactly what I pass on.

And yes, you can learn that too.

If you allow it.

But you don't have to.

The cards alone are entirely enough. Step by step, they open up access to your own perception. Entirely at your own pace.

HOW DOES ACHAYA WORK?

I work with mediumistic support. This means that, for a card, I often simply know what it means for you and in this moment. Sometimes images, keywords or short scenes appear before my inner eye, which I then describe. My grandmother, too, is often present at the card table and offers her guidance.

My regular clients now quite naturally ask: »What does Grandma say?«

Before I so much as touch the cards, I create calm and a pleasant atmosphere to work in.

Before every reading, I consciously connect with my spirit guide.

Everyone calls their spirit guide something different, so the following terms apply just as well:

Higher Self, soul, spirit world, ancestors, God, gods, power animal, Source, and surely many more.

Then I shuffle the cards and see what falls out as I do. This is also the order in which the cards are read, when I am not working with the house table. This is my way of finding the cards that fit you and your question right now.

If you lay the cards yourself, you will find your own way. Some prefer to draw face-down from a fan, others let the cards fall out while shuffling. There is no right or wrong here, only what feels right for you.

Examples:

Water damage: Once, while shuffling, I heard water trickling down a wall, even though no one had mentioned anything of the kind. Before her planned house purchase, the client found hidden water damage. There are many such stories.

Healer: On another occasion, the Rod of Asclepius appeared before my inner eye during a perfectly ordinary question. The client was a healer of the new age, right in the midst of her own soul plan.

After a reading, it is important to me to close the space again and to thank the spirit world for its support.

ABOUT THIS BOOKLET

I have done my best to sum up the essentials for you here.

It turned out to be quite a sporting challenge, because I actually wrote an entire book to go with this card deck.

Yes, you read that right.

A book!

It's designed for beginners and advanced readers alike, so that everyone can take something away from it for themselves.

Over more than 160 pages, there's naturally far more room for everything to do with the Lenormand cards.

We start with the worries and fears that can accompany you the first time you hold a card deck in your hands. Your inner critic gets some attention too.

How do you find the right card, and how do you communicate with them? Or they with you?

You get a deep insight into my work and my readings. How I work, how I advise clients, and what else matters along the way. The whole thing is peppered with real accounts from actual readings. Without any client data, of course. But everyone agreed to be mentioned as an anonymous example in the book.

There's also a trip into shamanic territory in the book, to bring energy work closer to you and show what else is out there besides this lovely card deck. Cleansing and holding spaces, breathing, grounding, getting to know and applying mediumistic and sensitive work.

Perceiving cards and energies is a chapter all of its own. As is looking beyond your own horizon and rising right up to the eagle's-eye view.

That way you also get to know the bigger connections, and with a bit of mindfulness you can let much of it flow quite naturally into your everyday life.

All explained simply, so you can join in and practise.

One particularly interesting chapter is called »Understanding Connections«. There I show you not only which people you'll find exactly where in the cards, or where the star signs are hiding, but also how to recognise the clair senses within the cards. Naturally, the subject of timing is covered in far more depth than here.

In the book, every single card gets its own full page. And for each individual card, I've put to each a list of every possible combination.

So you get all 40 cards, each with its 39 combinations with the other cards, in one single book!

That's 1,560 combinations, clearly laid out and easy to understand.

You'll also find the 12 most popular spreads there, from the daily card through the Celtic Cross and the Grand Tableau, right up to the compact house table, all explained in detail and illustrated with diagrams.

All that and much more awaits you in my book on this card deck, whose first edition will be published in September 2026.

THE WOMAN BEHIND THE CARDS

Marie Anne Adélaïde Lenormand

was born on 27 May 1772 in Alençon. She grew up in a merchant family, in a time that was anything but calm. And with a gift that unsettled others far more than it did her.

After the early death of her parents, she was sent to a Benedictine convent school. A good place for a clever girl. Until it became clear just how unusual her perception really was. At the age of nine, she predicted the removal of the abbess.

The prediction came true. And Marie Anne had to leave. Not because she was wrong, but because she had seen too clearly.

In 1790 she moved to Paris. Three years later she opened her own fortune-telling practice. Right in the middle of a time when political tension was part of everyday life and dissenting opinions quickly became dangerous. She was arrested, charged and released again. Several times. And yet something interesting happened:

Her reputation grew with every one of these experiences. She was barely back before people were already waiting for her.

Her clients included well-known names of her time, among them Empress Joséphine, Tsar Alexander I and Napoleon Bonaparte. Where Napoleon in particular is concerned, accounts describe a mixture of fascination and unease. As though he sensed that here was something he could not fully control.

In 1830 she withdrew from public life. She was successful, respected and financially independent.

She died in 1843 in Paris. Through a medical error which, according to tradition, she had foreseen herself. Even that fits almost seamlessly into her life story.

And one more important point.

The 36 cards that bear her name today, she herself never actually used.

The so-called Petit Lenormand only emerged after her death, inspired by a card game from Nuremberg dating from 1799.

What remains is her name.

And something that can't really be explained, but is still felt to this day.

WHAT THE CARDS TELL YOU

In this booklet, you'll find the key points for each of the 40 cards on a physical, mental and soul level. Along with the side that's often overlooked, the challenging one, sometimes the uncomfortable one. Because that's usually exactly where the most honest information lies. The cards aren't a random system, and they're not a rigid oracle either. They're a mirror. And that mirror doesn't show you anything from outside, but what's already there within you. Whether you're aware of it or not.

Why read the cards at all?

Not to »pin down the future«.

But to make visible what is already in motion within you.

At its core, a card reading is a conversation with yourself. Just through a different medium.

The cards give you images, symbols and impulses. You bring your own perception, your feelings and your life experience to the table. Only then does your real answer emerge.

That's exactly why it's so important not to work purely from the head.

When you look at a card, something happens in the body first: a feeling, an inner flicker of attention, sometimes even resistance. That's exactly where the language of the cards begins.

Think of it like a room full of candles.

Each card lights up a particular area. You don't see the whole room straight away. But you notice where the light is. And that's exactly where you keep looking.

Please never ask the cards »why«. The answer to that is always: your soul wants to learn this lesson.

Ask instead:

What is this situation here for?

What am I allowed to recognise here?

What wants to develop within me?

The cards already know. Now it's your turn.

The difference sounds small, but it isn't:

Why looks for someone to blame, what for looks for a way forward.

That shifts the whole level immediately. You move from holding on to understanding.

And one more thing: you don't need to be able to do any of this »perfectly«.

The cards start working wherever you're willing to look honestly. Nothing more is needed.

The more often you work with them, the finer your perception becomes. Not because you're »learning« something, but because you're getting better at perceiving yourself.

And that's really where the true purpose of this work lies.

YOUR ADDITIONAL AND ALTERNATIVE CARDS

ADDITIONAL CARDS:

There are four cards you won't know from the classic Lenormand deck:

Water, Earth, Aether and Fire. All these years, I had never found these elements in any deck, so I created them myself. They don't replace anything, they come as additional cards and are welcome to turn up in any reading.

Water is the primordial soup, the source of all life and of movement.

Earth nourishes us, gives us support and shape, and brings growth.

Aether connects the worlds, widens the view and opens up new spaces.

Fire stands for fire rituals, transformation and radical change.

These four forces are at work behind every situation. They show not only what is happening, but also how it is happening and what energy lies behind it.

SEASONS AND DIRECTIONS

Once you add these four cards, you'll notice that the seasons and the cardinal directions each appear twice: once in the original deck, and once again among the additional cards.

Spring/East: Flowers (Card 9) and Aether (Card 39)

Summer/South: Sun (Card 31) and Fire (Card 40)

Autumn/West: Clouds (Card 6) and Water (Card 37)

Winter/North: Lily (Card 30) and Earth (Card 38)

Both are correct and valid. You'll know intuitively which card stands for what in your current reading.

CARDS TO CHOOSE FROM:

There are also a few cards you get to choose between, so you can tailor your deck to yourself:

Card 12: the Birds or the Owls

Pick whichever one you prefer.

Card 14: the Fox comes in three versions, each looking in a different direction

See which one speaks to you.

Cards 28 and 29: the Man and the Woman each come in two versions

in one they look straight into the camera, in the other they look to the side, possibly towards one another.

For same-sex couples, decide in advance which card stands for whom. And then, this really matters: stick with your choice.

The same goes for the Fox's line of sight. Otherwise the Fox ends up pointing at the Heart and the Man at the same time, and all you can think is »thanks for nothing«.

CARDS HAVE A LIFE OF THEIR OWN

Sometimes a card leaps out while shuffling, falls to the floor, or keeps turning up again and again. That's no coincidence. A card lying upside down often shows that something is blocked here, is approaching from outside, or is being delayed. Two cards that always turn up as a pair belong together in meaning, such as the Storks and the House pointing to an upcoming move. And that one card left over at the end? That's almost always your blind spot. How to read all these signals, along with many more particular quirks of the Fox, the Clouds, the Scythe, the Woman and the Man, you'll find covered in detail in the book.

ETHICS

A card never shows a judgement, only a tendency. If the Coffin appears in a reading, that's not a physical death, but an ending and a new beginning. Sentences like »you will die within a certain period of time« are ones I never say, no matter what the cards show. Such a thing can come true simply because someone believes it firmly enough. Questions about death, serious illness, pregnancy or legal matters have no place in a reading, as far as I'm concerned. The cards don't give you finished, let alone legally binding answers. They show you where you're allowed to look, and they don't make any decision for you. Picture it like this: you turn off the motorway of life onto a country road, and all along it stand yellow, red, green and brown signs pointing to places of interest. Driving there yourself, though, is entirely up to you.

LEGAL NOTICE

This card deck serves solely for self-reflection and personal and spiritual orientation. It does not replace medical, psychological, psychotherapeutic, legal or financial advice. Any decisions made on the basis of a card reading are the sole responsibility of the person using it.

*Now, though, let's finally turn to the cards themselves and their descriptions.
Each one of them is a key. And you decide which door is showing itself to you right now.*



1 RIDER

A quick messenger, and one that rarely turns up with bad news. The Rider brings movement into your life, speeds up what has stalled, and makes sure things finally get moving again. Sometimes you can take it quite literally too: an active person, always on the move, out and about. Or simply a horse. If you work with ancestral themes, you may see the Knight here instead. The timing is clearly faster than you'd expect.

Body: Look at the legs, knees, feet, ankles. If you can't seem to get going, that's often exactly where it shows up. Sometimes it's the opposite: a restlessness that can't find any ground to settle on.

Mind: This energy can lift you up or wear you out. Notice whether the movement that's building right now actually belongs to you, or whether it's coming from outside and sweeping you along without asking.

Soul: A message is on its way. From the spirit world, from your ancestors, from the universe. Messages rarely arrive by registered post. Sometimes it's a thought, an encounter, or exactly the right card falling out next.

Shadow side: Someone is pushing ahead too hastily. Maybe you, maybe someone else.



2 CLOVER

Small luck is real luck. If you don't recognise that, you'll watch good fortune drift past you. The Clover arrives quickly, but it doesn't stay forever. The moment wants to be seized. Whatever is showing itself right now: grab the opportunity while it's there. The timing points most often to the start of the day, otherwise within a few days, or right in the moment itself.

Body: The Clover is a child of nature. Herbal remedies, natural medicine, a walk through a meadow instead of the next round of chemicals. Your body finds its own way back to balance, if you let it.

Mind: This card reminds you to notice the moment. Don't wait for the big stroke of luck that might come one day; recognise the good that's already here. If you can do that, you naturally draw more of it towards you.

Soul: The universe has an open ear right now. Positive thinking is a genuinely useful tool here. Recognise the moment and make use of it, that's what moves you forward.

Shadow side: The Clover barely has one. Unless you overthink your chance for so long that it moves on without you.



3 SHIP

Distance, horizon and setting off. The Ship stands for travel. Not always with a suitcase in hand; sometimes in a figurative sense too: a new chapter, a project slowly picking up speed, a path that is just beginning. Trade, business across borders, and anything to do with vehicles belong here as well.

The timing is much slower than the Rider's. Weeks to months, depending on the distance.

Body: The Ship stands for endurance, not sprinting. Whatever it's pointing to needs time and a long breath. Also wanderlust that makes itself felt physically, restlessness, and the feeling of not being in the right place.

Mind: Sometimes it's time to let go and set off. The Ship asks: where do you actually want to go? And are you ready to leave the harbour?

Soul: A deeper journey is coming. Not necessarily by plane. More one where you get to know yourself a little differently.

Shadow side: The Ship can also keep you waiting, with longer delays or plans that drag on.



4 HOUSE

Home, security, your own four walls, and everything family means to you. Whether that family is made up of people, animals or good energies. The House stands for what carries you and gives you support. Property, neighbourhood, and anything to do with domestic life belong here too. If you're building or buying a house, this is a good place to look closely at the surrounding cards. The timing here is correspondingly very long.

Body: Recovery at home, in a clinic, or on a health retreat. The body needs a safe place to regenerate. If the energy is off somewhere, you'll notice it sooner or later.

Mind: Inner security grows from within, not from perfect circumstances. Ask yourself whether you truly feel at home in your own life. Family thought patterns that have settled into your head are also a House theme.

Soul: Ancestors, family lines, the inheritance you carry with you. The House holds it all: light and shadow alike. Energetic house cleansings belong here, both literally and figuratively.

Shadow side: Family conflict, close ties that strangle rather than support, or a property with hidden damage.



5 TREE

Rootedness, health, slow and steady growth. The Tree cannot be rushed. It grows at its own pace and bears fruit eventually. If you pull at a tree to make it grow faster, you rip it out of the ground. That really says it all. The timing is slow, steady and sustainable.

Body: The health card, through and through. Fundamentally stable, but not something you can take for granted. The branches of the tree bring the bronchia to mind, and ask where your energy flows or where it's blocked. Natural medicine, forest bathing and grounding all belong here. Go and actually hug a tree. You'll notice what I mean.

Mind: Someone well rooted is not so easily knocked over. Real stability doesn't come from everything being calm right now, but from knowing who you are, even when the storm hits.

Soul: The Tree connects sky and earth: its roots reach deep into the ancestral line, its crown reaches into the spirit world. Spiritual growth, nature spirits and shamanic work all belong here.

Shadow side: If you cling too tightly to old roots, you forget that trees are also meant to bear fruit. A blade of grass bends in the storm where a tree can break.



6 CLOUDS

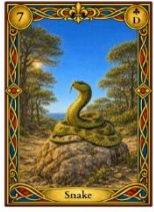
Uncertainty, a whirling mind, and everything that feels like fog. The Clouds show a phase where the head talks louder than the gut, and good decisions end up waiting because of it. Mood swings, an ex, and misunderstandings are classic Clouds themes. The good news is that clouds always move on. The timing is undetermined and drags on for as long as the mind won't settle. As a season, the Clouds belong to autumn; as a direction, to the west.

Body: Too much mental spinning lands in the body sooner or later. It shows up as headaches, sleep trouble, or a general feeling of heaviness. Your body can't relax while your head is running at full speed.

Mind: This phase isn't permanent, even if it sometimes feels that way. One thing worth asking: are you waiting for the wind to turn, or are you setting your sails differently?

Soul: Sometimes the spirit world places a veil over a situation. Not to annoy you, but because the moment for clarity hasn't arrived yet. Smudging, energy work, or a conversation with your guides can help clear the fog.

Shadow side: If you make too many decisions in the fog, you'll wonder afterwards where on earth you ended up.



7 SNAKE

Detours and roundabout ways, entanglements, transformation and growth. The Snake is multi-layered and often venomous. It shows that the path to your goal doesn't always run straight ahead. The timing is delayed to match. Expect detours and postponements. This might be down to someone not playing straight with you, a situation turning out more complicated than expected, or a transformation process currently underway. Snakes shed their skin, so this card is also a sign of healing and change.

Body: Detoxing, transformation processes, delays in recovery. Digestive and gut troubles are classic Snake themes.

Mind: The Snake asks who you trust, and whether you really should. That's not an invitation to paranoia, but to staying alert. Your gut feeling usually already knows what your head isn't ready to admit.

Soul: The Snake is one of the oldest symbols for healing, wisdom and kundalini energy. When it appears, a deep transformation is often underway. The old skin has to go so the new can become visible.

Shadow side: Deceit, manipulation and hidden damage are named here, whether in a car, in another person, or in yourself. If you don't look closely, you'll probably end up sitting on a nasty surprise eventually.



8 COFFIN

Ending, letting go, transformation, and illness too. The Coffin signals the end of a phase, a relationship, an illusion, or a life situation. In card reading, it is not the physical death of a person. What's being buried here has served its purpose. And where the old goes, space opens up for something that truly fits. That takes time. The timing here usually gives you a clear no, or a final stop, not a delay like the Snake, but a close.

Body: A turning point, a phase without strength, a clear signal from the body: this can't go on like this. Tiredness, lack of energy and sleep trouble are classic Coffin signals.

Mind: Letting go is not defeat. That's the Coffin's core message, and at the same time the hardest one for most people to accept. What's being buried here has long since served its purpose. The pain about it is real. Close the lid and make room for what's new.

Soul: No butterfly would ever emerge from its cocoon without first dissolving completely. The Coffin is that cocoon. Contact with the other side, past-life work, and grief work all belong here. The soul knows that change is the only constant.

Shadow side: If you refuse to let go, you end up dragging the coffin around with you instead of burying it. In the long run, that's harder than the letting go itself.



9 FLOWERS

Joy, gratitude, gifts and invitations. The Flowers are one of the loveliest cards in the deck, bringing loving energy with them and reminding you to notice and enjoy life's small pleasures. As a season, the Flowers belong to spring; as a direction, to the east, in that time when fresh green breaks through the soil. Both materially and emotionally, you can expect recognition, appreciation and lovely surprises.

Body: Wellbeing, regeneration, healing. The right remedy has been found, old complaints are easing off. Scents, oils, flower essences, and much of what heals through nature belong here. Sometimes simply blooming is the only task at hand.

Mind: When did you last feel joy without a reason, without an occasion? Gratitude isn't a technique, it's an attitude. If you keep tending it, you naturally draw in more of what you're grateful for.

Soul: Joy is one of the highest vibrations a person can create. Nature spirits like fairies and elves are at home in this card. Spiritual gifts don't always arrive as a grand revelation. Sometimes they arrive as a scent drifting round the corner.

Shadow side: All cut flowers wilt eventually. Enjoy the moment. It's real, even if it doesn't last forever.



10 SCYTHE

Fast, sharp and unavoidable, the timing here follows suit. The Scythe brings changes that don't knock before letting themselves in. Endings, separations and sudden turns. But also harvest time, and bringing in what you've sown. Better a dreadful end than dread without end fits here on every level.

Body: Surgical procedures, dental treatment, injuries and cuts. The upside: a pulled tooth stops hurting. The surrounding cards will tell you more.

Mind: There are moments in life when half-measures no longer cut it. The Scythe is one of those moments. It doesn't politely ask if you're ready. It simply cuts, and sometimes it behaves like an axe swinging wild in the woods. That can feel brutal, but it's usually a release you'll only recognise as such afterwards.

Soul: What you've sown is coming back to you now. The Scythe clears the ground, and a cleared field can be planted anew.

Shadow side: Spontaneous decisions under the Scythe's influence are rarely wise. Anyone acting purely on gut instinct here, without looking closely, may well end up cutting themselves.



11 RODS

Communication on every level, from a brief chat that unexpectedly moves you forward, to an out-and-out war of words. Non-verbal communication belongs here too. The Rods show that conversation is the central theme right now. Patience is not something the Rods know. Whatever needs saying wants to be said, right now.

Body: Words left unsaid land somewhere in the body. Classic Rods themes are trouble swallowing, a lump in the throat, or a churning stomach. A clarifying conversation can bring physical relief like almost nothing else.

Mind: How do you talk to yourself when no one's listening? The Rods look not only at what you say out loud, but also at your inner dialogue. If you're constantly talking yourself down, don't be surprised when you end up feeling small.

Soul: The spoken word has power, and shamans, healers, and anyone who has ever spoken a mantra know this. You might know it yourself too. What you say out into the world keeps resonating, even once you've long since moved on to the next topic.

Shadow side: If you get the tone wrong, you'll pay for it. Sometimes right away, sometimes later. Both are unpleasant.



12 BIRDS / OWLS

Excitement, hustle, brief turbulence, and at the same time wisdom, insight, and a deeper understanding of why this excitement has to happen right now. Birds stand for the stressful moment, Owls for the lesson it carries. Parenting themes, phone calls, gossip and couples belong here too. As a timing card, both point to things either on their way in or about to matter very quickly. They can fly off again just as fast.



Body: The wings of the Birds symbolically represent the arms. Stress and excitement can raise your body's acid levels and trigger heartburn. Owls point to the eyes. What are you seeing right now, and what don't you want to see?

Mind: Please don't declare every bit of turbulence a catastrophe. The excitement is short and intense, not a permanent state. Afterwards, it's worth asking what it was actually good for.

Soul: Birds have always been messengers between worlds. Messages from the spirit world often arrive in passing. Listen closely.

Shadow side: If you swallow too much verbal baggage, sooner or later you'll get the bill, both physically and emotionally.



13 CHILD

New beginnings, innocence, the inner child, and anything still in its infancy. This card invites you to see the world again with curious, open eyes. Whatever is newly entering your life right now is allowed to grow and mature. It needs time and lightness, not perfection. And that's the card's timing too: the start of things.

Body: Light themes, nothing dramatic. Childhood illnesses, minor ailments, growing pains, the kind of thing that often goes as quickly as it came. Taking reasonable care of yourself is entirely enough here.

Mind: The inner child still knows real joy, but also carries every old wound within it. This card wants you to look at both. Not everything has to be meaningful, productive, or lead anywhere. Sometimes it's enough that it's fun.

Soul: Basic trust is the Child's spiritual gift. A pure soul trusts the universe instinctively, no ifs or buts. Not naive, but open.

Shadow side: Being naive, gullible, and overly dependent on others can add up to a real challenge. The Child can also simply stand for recklessness.



14 FOX

Strategically clever, always taking the roundabout way, never quite pinned down. The Fox warns of false trails. Whether that's a dishonest person, a wrong diagnosis, bad timing, or an idea you've talked yourself into. The core question is usually: who stands to gain the most here?



Body: False trails apply medically too: a misdiagnosis, a treatment path that just doesn't feel right. Physically, the nose, ears and throat are addressed, everything you use to perceive with. Your gut feeling counts as a valid instrument at the doctor's too.

Mind: Self-deception is the subtlest form of deception there is. The Fox sometimes sneaks in through your own back door. The card asks you directly: are you actually being honest with yourself right now?



Soul: If you know yourself well, you're harder to fool. Sharpening your intuition, taking your gut feeling seriously, and looking behind facades: that's the Fox's spiritual homework. Ancestral research can uncover which patterns of deception run through the family line.

Shadow side: Deceit, manipulation and underhandedness on every level. The Fox did warn you.



15 BEAR

Strength, protection and authority. The Bear stands for people who give you backing, like bosses, fathers, mentors, or lawyers. But also for your own inner strength, which you're allowed to trust more. In financial matters, it shows stable investments and financial strength. The timing often runs from spring through to autumn, and content-wise likes to point back into the past.

Body: Vitality and physical strength. When the Bear appears, there's strong energy present. Though it can also show when someone is pushing their strength too far. What a body shows after years of hard work belongs to the Bear too.

Mind: Inner strength isn't the same as hardness. The Bear reminds you to act from a stable centre, not out of fear of losing control. Overprotectiveness can tip into jealousy. Are you protecting out of love, or out of a need for control?

Soul: One of the most powerful power animals. In shamanic traditions, the Bear travels into the underworld and returns with knowledge. Past-life work and ancestral work belong here. When it appears, you're allowed to ask: what leadership task is waiting for me right now?

Shadow side: Strength turns into stubbornness, care turns into jealousy, authority turns into abuse of power.



16 STARS

Clarity, luck, divine inspiration. The Stars radiate spiritual energy over every area of life and favour whatever happens to be nearby. They also stand for large quantities. The universe is speaking a little louder than usual right now. The timing most often falls in the evening hours, a rare piece of good fortune you should make use of right away.

Body: Heightened sensitivity, especially in the skin. Highly sensitive people sometimes take in literally everything from their surroundings. The Stars favour healing through spiritual powers.

Mind: Clarity, calm inner guidance that stays. A good moment to pause and feel where your inner voice is leading you. Not the excited kind of clarity that comes and goes, but the stillness that remains.

Soul: Astrology, clairvoyance, claircognisance and clairsentience all belong here. You're especially receptive right now to messages, signs, dreams and sudden flashes of insight. Make use of it.

Shadow side: High sensitivity can become a burden if you forget to protect and ground yourself. Expectations set too high are rarely met.



17 STORK

Change, movement, transformation. The Stork doesn't ask whether you're ready. It simply shows that things are getting underway. That might be a move, an upheaval, a birth, or a completely new chapter. If you take it as an invitation, you'll get through it far more easily. That makes the Stork a starting gun for pretty much any kind of change.

Body: The legs are the physical theme here. Storks stand on long legs and are constantly on the move. If you're resisting change, that's often exactly where you'll feel it first. Movement helps in every sense.

Mind: Change doesn't mean something was wrong. It means it's time for what's next. Flexibility is the keyword. Chances not taken out of fear rarely come round again in the same shape.

Soul: The soul doesn't know standstill. Soul travel and astral journeys are at home with the Stork. From their high nest, storks have the eagle's-eye view over whatever is changing right now. You're allowed to take that view too.

Shadow side: Holding on permanently is a brake. What you refuse to release out of fear costs more strength in the long run than the change itself would have.



18 DOG

Faithfulness, loyalty and genuine friendship. The Dog stands for people in your life who are truly there, not only when things are pleasant. It can also point to an actual pet, or invite you to consciously notice and nurture the loyalty and support already present in your life. The timing marks the start of something lasting, a connection that stays.

Body: Voice, vocal cords, throat. Dogs bark. The sense of smell is addressed too. Help and support with health matters belong here as well.

Mind: Real friends tell you their honest opinion, not pretty words. Who in your life actually does that? Loyalty isn't a one-way street. It wants tending, not just expecting.

Soul: Unconditional love is one of the highest spiritual lessons, and it's sometimes taught by an animal before a person is ready to teach it. Soul companions aren't found only among humans.

Shadow side: Dogs bite too, usually with a warning growl first. Anyone who only takes and never gives eventually loses even the most faithful companion.



19 TOWER

Independence, boundaries, distance, and anything to do with institutions, offices, authorities and large public buildings. The Tower covers a lot of ground. Intuition is needed here to work out what's actually meant. The surrounding cards help. It's the best moment for looking inward, though big projects shouldn't be launched just yet.

Body: The Tower is tall, rigid and stands alone, and that's reflected in the spine. If you're too stiff or walling yourself in, you'll often feel it in your back first. Hospital stays or appointments there fall under the Tower too.

Mind: Setting boundaries is healthy; walling yourself in is not. If you build your walls too high, eventually you're not just shutting others out, you're locking yourself in too.

Soul: Sometimes the soul needs stillness, withdrawal and solitude to realign itself. The universe sends such phases now and then, whether you want them or not. Past-life work and contact with the other side belong at the Tower. When you're alone and quiet, you hear better.

Shadow side: Isolation and loneliness are the shadow sides here. It shouldn't become a permanent state.



20 PARK

Public life, social networks, encounters and events. This large public garden shows that the topic at hand is playing out there, among people, in exchange, in the network. Going it alone rarely pays off here. Bringing in other people's opinions moves things forward. It's always a good moment for making contacts and for medium-term ventures.

Body: Getting outside, movement, fresh air. Sometimes hay fever or allergies too. Social isolation makes people ill, and that's medically documented.

Mind: We're social beings, and no one is an island. Tend your networks and contacts, not only when you need something, but simply because. If you can give without keeping score, you'll get plenty back too, without ever having asked for it.

Soul: Your gifts, your work, your light aren't meant to stay hidden. The Park tells you: show yourself. Not out of vanity, but because there are people out there who need exactly what you have.

Shadow side: Not every stage is the right one, and not every network nourishes you. Knowing when to show yourself and when to withdraw is part of it too.



21 MOUNTAIN

Obstacles, blockages, and everything that presses down and weighs on you. The Mountain shows that something is taking longer than expected, and that's its most reliable timing signal. It can also be taken literally: stones of every kind, gallstones, gemstones, or stones in your path. What exactly lies behind it is shown by the surrounding cards.

Body: Heaviness, pressure, and anything weighing you down. Gallstones, kidney stones and stiff joints are addressed here. Headaches and migraines are a classic Mountain theme.

Mind: The feeling of not getting anywhere, even though you're trying. This card says: it's taking longer than you thought, but it is moving forward. If you wait for it all to be over, the same mountain will show up again eventually, just wearing a different coat.

Soul: Mountains have always been places of power and encounters with the divine. This challenge has a purpose. It shapes you. Work with healing stones, runes and curse-clearing can come up here.

Shadow side: Stubbornness is counterproductive. No mountain lasts forever, but some really do demand everything you've got.



22 PATHS

Decisions, changes of direction, and the crossroads of life. The Paths remind you that there's no such thing as a perfect outcome, only the next step. And right now is the right moment for that step. This step doesn't have to be forever either. Paths can be changed, crossroads come round again. Gut decisions often turn out to be spot on here.

Body: Blood vessels, nerve pathways, tendons, ligaments, essentially anything that forms connections and creates pathways through the body. Searching for alternative treatment routes or a second opinion is a classic Paths theme too.

Mind: Indecision is more exhausting than any decision you could make. At some point the next step has to be taken, even without perfect information.

Soul: Dowsers sense paths no eye can see. Chakras are energy pathways in the body, runes show the way through symbols. Sometimes the spiritual path leads exactly where the map of the mind runs out.

Shadow side: Hesitation and indecision let opportunities slip past. Giving in to outside pressure instead of deciding for yourself is a classic trap here.



23 MICE

Losses, grief, or something quietly gnawing away at you. The Mice nibble away relentlessly, usually at night, when it's quiet. On their own they're small, but together they can chew through an astonishing amount. The upside: they give warning. If you spot the small warning signs, you can still steer things round. The timing brings delay and lost time with it, because the Mice are literally nibbling away at the time you have left.

Body: Unhealthy living, spoiled food, stomach and gut trouble. You are what you eat. This is a good place for a close look at what actually lands on your plate every day.

Mind: Fears, worries and doubts are the emotional mice. Naming them takes away most of their power. What you speak out loud stops growing in the dark.

Soul: The Mice show what's gnawing away out of sight. Shadow work and karmic clearing are the theme here. What you don't look at keeps growing. What you're willing to face and address loses its hold over you.

Shadow side: If you ignore the small warning signs, sooner or later you get the big bill.



24 HEART

Love, warmth, affection, and anything that happens straight from the heart. The Heart is the centre of life and the centre of the energy system. Giving and accepting love, self-love, and passion for what you do are all addressed here. When the Heart appears, life is at its most vibrant. Feelings know no time, they're simply there.

Body: The heart quite literally, blood circulation and cardiac health. But also healing through love. When you act from your heart, you work differently than someone operating purely from the head. Clients feel that immediately.

Mind: Love is not weakness. It's the strongest force there is. If you hide your heart behind walls, you protect yourself from pain, yes, but also from everything else that makes life beautiful.

Soul: The heart chakra is the bridge between the lower and upper chakras, the centre of the entire energy system. Aura work, healing work, and the wish to help others all belong here. When you work from your heart chakra, you're working with the most powerful energy available to a person.

Shadow side: The broken heart is a very real thing. And if you build walls around your heart, you pay a quiet but steep price for it.



25 RING

Contracts, promises, commitments, and anything that goes round in a circle. The Ring stands for the practical and legal side of a bond, and of contracts. Always read the small print. As the saying goes, look before you leap into something that binds you for good, and that applies here on every level.

The timing describes a self-contained phase, or a cycle that closes before something new can begin.

Body: Blood circulation, lymph circulation, cyclical or chronic complaints that keep recurring. What keeps going round in a circle wants, eventually, to be broken.

Mind: Too many commitments lead to stress and overload. And constantly going round in circles in your own thinking shows that something here wants to be broken through.

Soul: The pendulum swings in a circle and finds the truth. The Ring stands for karmic cycles and soul contracts that want to be fulfilled or resolved in this lifetime. Whatever keeps repeating hasn't found its close yet.

Shadow side: Empty promises and clinging to outdated ideas hold you back more than they help. Once you've grown used to a cycle, you sometimes don't even notice any more that you're stuck in it.



26 BOOK

Knowledge, secrets, and things hidden that either want to come to light or aren't allowed to just yet. The Book is closed, and that shows what isn't visible yet. Now is the right moment for searching and researching, even if the result itself isn't ready to be announced. Stay curious. Not everything wants to be revealed straight away, but plenty is waiting to finally be read.

Body: Hidden complaints that are still showing themselves only vaguely. Illness is often the language of the soul. It's worth searching for the cause rather than only treating the symptom.

Mind: Not everything you feel is something you're aware of. The Book invites you to look into your own depths, without shying away from whatever might be waiting there. What you know, you can change. What stays hidden goes on determining you.

Soul: Card reading, automatic writing and numerology, along with learning and teaching, are the theme of this card. If you walk this path, you carry forward knowledge bigger than yourself.

Shadow side: If you wait too long before looking, you'll probably find more than you bargained for.



27 LETTER

Written communication in every form: texts, emails, letters, test results, or a contract. Something is arriving, or wants to be answered. Check both sender and content with heart and head, and keep an eye on deadlines. Messages from the universe belong here too, in the form of angel numbers, particular times on the clock, songs, or images. The range is almost endless. The shallowness of certain people also shows up here. The timing is short-term, usually a matter of a few days before the matter is settled.

Body: Test results and anything written relating to health. The skin, and whatever shows itself on the surface. Hands and language belong here too, since a letter wants to be written and read.

Mind: What's written down stays written. Handle your words with care, spoken or written. If you get bogged down and ignore deadlines, you'll promptly get an unpleasant reminder.

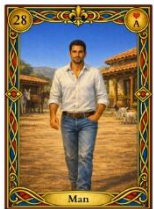
Soul: Automatic writing, channelling, and flashes of insight finding their way onto paper. If you receive through writing, this is your card.

Shadow side: Parking tickets, reminder notices, missed deadlines are not welcome news. Eventually you realise: an empty letterbox is a good letterbox.



28 GENTLEMAN / MAN

The main male figure, the man of your heart, or the masculine parts within you. Authority, activity, leadership and assertiveness. This card calls on you to make confident decisions and take on responsibility. From a shamanic point of view, the right side of the body stands for the masculine principle. Pain there often comes from the father line. The Man isn't bound to any particular timeframe, but he does want to become active now and get something moving.



Body: Male reproductive organs, the prostate, and the muscles. Don't wait too long, get active instead. Otherwise you'll feel it physically eventually.

Mind: Being active and bringing others along with you. Not exercising control, but offering leadership. Not charging ahead alone, but taking people with you. That's the difference between power and strength.

Soul: A talent finally gets to unfold freely. What was held back for a long time, what never seemed to be the right moment, gets space now. The masculine principle puts into action what the soul has known all along.

Shadow side: Excessive dominance, rigidity and a need for control lead to conflict. An oversized ego is not infrequently taken down a peg by the world around it.



29 LADY / WOMAN

The main female figure, the woman of your heart, or the feminine parts within you. Diplomacy, intuition, emotional depth, gentle leadership. From a shamanic point of view, the left side of the body stands for the feminine principle. Pain there often comes from the mother line. This card invites you to self-care, and to stop constantly putting your own needs behind everyone else's. The Woman's timing quality is a more watchful, passive kind of energy.



Body: Female organs, the breasts, and taking self-care seriously. Waiting and observing rather than intervening straight away. That's the feminine view of health.

Mind: Passivity isn't the same as weakness. Sometimes deliberately waiting is the wisest decision. A touch more self-interest can sometimes be necessary to secure your own wellbeing.

Soul: The feminine principle doesn't only receive, it creates. What slumbered hidden for a long time is now allowed into the light. A talent is waiting to finally be given room.

Shadow side: If you keep stepping back for the sake of peace and quiet indefinitely, you eventually lose touch with yourself. That doesn't hold up in the long run.



30 LILIES

Harmony, peace, family, sexuality and inner balance. The Lilies show a phase of contentment, or call on you to actively create one. As a timing card, they stand for winter and for the direction north. As a person card, for mature, elegant or powerful people.

Body: Simply allow yourself more rest. The reproductive organs, sexuality and family planning are physically addressed. Sometimes less is more, for the body too.

Mind: Finding balance and allowing contentment. Genuine inner peace is possible, not as a permanent, friction-free state, but as an underlying tone that stays, even when things get loud.

Soul: Constellations work and feng shui are at home with the Lilies. What has found its place flows. What's in disorder creates friction. Consciously shaping the space around you belongs here too.

Shadow side: Harmony at any price isn't real harmony, just a well-kept surface. Genuine balance only comes about once the uncomfortable is given its place too.



31 SUN

Joie de vivre, success, warmth, light and energy in every situation. The Sun favours whatever happens to be nearby. People are more open towards each other, things succeed more easily, life flows. Electricity is addressed here too. As a timing card it stands for summer, and as a direction, the south.

Body: Energy, vitality, healing. Vitamin D and everything light and warmth give the body. Wherever light and warmth reach, rigidity dissolves.

Mind: Accept it, without immediately asking how long it will last. Look at the positive side and keep pursuing your goals. Joie de vivre is not a small thing.

Soul: Clairvoyance, claircognisance, the third eye, energy work and Reiki are all at home with the Sun. Light is information. The third eye opens wherever light and awareness meet.

Shadow side: If you burn yourself out, you end up extinguishing your own light. The balance between shining and recharging needs to be kept.



32 MOON

Emotions, intuition, hidden longings, and addiction. The Moon turns your attention to what rests deep within you. Wherever it appears, it's a nudge towards more mindfulness. Take your dreams seriously, trust your gut feeling, read between the lines. The timing is night, and it's tied to inner, unconscious processes and every kind of dream.

Body: The Moon governs the psyche. Where emotions are suppressed for a long time, physical symptoms arise. Low drive, exhaustion and low mood can show up here. The body speaks the language of the soul, and the Moon makes it audible.

Mind: A good instinct is the Moon's gift. When you work with it, you sense what's left unsaid in a room, and often understand people better than they understand themselves. That's a gift that needs tending.

Soul: Astrology, clairsentience, hypnosis and dream interpretation are all at home here. The Moon shows that this is an especially receptive phase for this kind of work.

Shadow side: Reality and imagination blend easily under the Moon's influence. A certain inner steadiness matters right now. Occasionally the Moon also stands for being clouded by alcohol or drugs.



33 KEY

Success, security, and new paths opening up. The Key is, quite literally, the key to doors, chances and opportunities. It can also point to a key experience, a moment that changed everything, and shows that now is the right time to open the door. It's your turn to say yes.

Body: Minerals the body needs, and quite specifically the collarbone. What's missing can be replenished. What's blocked can be opened.

Mind: You're already holding the key. Don't hesitate, don't wait for someone else to unlock the door. If you try to keep every door open at once, you'll end up spending your time standing in the hallway.

Soul: Schüssler salts, pendulums and runes are at home with the Key. All these tools open access points hidden from the naked eye. Spiritual knowledge is especially potent right now.

Shadow side: Someone holding the key but never opening the door ends up standing in front of just as many closed possibilities.



34 FISH

Finances, financial success, business sense, flow, soul connections, and intuition. The Fish point to material matters, but also remind you that money alone doesn't make you happy. Take note of what you've manifested. So it's a good time for financial matters; otherwise the Fish show the flow of life itself.

Body: Fluid balance and the internal organs, such as the liver. Addiction and searching are addressed here too. What the body is really searching for isn't always what a person numbs it with.

Mind: Don't swim against the current, feel where the current is carrying you. Someone who lets go into it often gets further than someone fighting it with all their might.

Soul: The chakras are at home with the Fish. Energy that flows heals. Energy that stalls makes you ill. Now is a good moment to open your own energy channels.

Shadow side: Being too fixated on the material makes you neither likeable nor happy. And if you get stuck in the searching, you eventually lose sight of what you were actually searching for.



35 ANCHOR

Stability, security, permanence, and the workplace. The Anchor shows that something is firmly anchored and has found its place. This also includes deep-seated beliefs and behaviour patterns. Whatever is happening now is meant to last and endure. Faith, love and hope are the old meaning behind an anchor pendant, and that's reflected in this card too.

Body: Pelvis, hips, tailbone, anywhere stability and grounding find their physical expression. If you have complaints here, it's worth considering where you're currently lacking support, or where you're holding on too tightly.

Mind: Finding your calling and handling it with confidence. What truly belongs to you can't be shaken off. It keeps casting its anchor again and again until you acknowledge it.

Soul: Releasing curses, clearing attachments, and ritual and karmic work all dissolve whatever sits deep at the root and won't let go on its own. Sometimes you have to dive very deep to see what's really holding you down there. And sometimes you need someone who knows how to weigh the anchor.

Shadow side: Clinging to people or situations that are long ready to move on drags you down with them. Sometimes letting go is the most stable decision you can make.



36 CROSS

Faith, fate, karma, life chapters, and the weight of life. The Cross is one of the deepest cards in the deck. It shows that something of greater meaning and consequence is present. This isn't necessarily about suffering, but about seriousness. What lies here has weight and wants to be treated accordingly. So the timing here can be called fateful. The Cross points to a time that cannot be forced.

Body: The Cross carries and presses down at the same time. Physically it shows up wherever burdens are being carried, which usually lands across the whole back and shoulders. What are you having to haul, and what could you set down?

Mind: Sometimes things happen that the mind simply can't make sense of. The Cross reminds you that not everything in life has to be explainable. Acceptance is sometimes the most powerful stance you can take.

Soul: Karma, your soul plan, and whatever this soul wanted to learn in this lifetime. The Cross points to spiritual trials, not as punishment, but as part of the path. What's being carried here carries you further, once you're willing to accept it.

Shadow side: The Cross can weigh heavily and point to hard blows of fate. Not everything can be worked away or thought away. Sometimes you simply have to go through it.



37 WATER

Something is coming into flow. Water dissolves, cleanses, clarifies, and reorganises. Gentle as a stream, or powerful as a waterfall, depending on how much has built up. It takes on any shape without ever losing itself. And what flows away returns in another form.

As a direction, Water stands for the west; as a season, for autumn, the time of letting go and taking first stock.

Body: Kidneys, bladder, lymph, all bodily fluids. Congestion, swelling, or unusual dryness show where something is stuck. Drink, cleanse, or detox.

Mind: Thoughts fall into order, something becomes clear. Rigid ways of thinking dissolve, new perspectives become possible. Intuition speaks up.

Soul: Cleansing, letting go, energetic clearing. The old is allowed to flow away. The connection to your inner source grows stronger. Renewal from within.

Shadow side: Flooding, emotional instability, the feeling of being swept along or undermined. Lack of boundaries. In everyday life: burst pipes, damp, situations spiralling out of control.



38 EARTH

The foundation everything stands on. Earth carries, holds and nourishes. It's a reminder that growth needs time. What still lies invisible in the dark right now is already ripening, like the seed no one sees until it breaks through.

As a direction, Earth stands for the north; as a season, for winter, the time that shows what truly lasts.

Body: Legs, knees, hips, pelvic floor, bones, and anything that carries and stabilises. Digestion and mineral balance too. Wherever something hurts, either support or mobility is missing.

Mind: Concentration, structure, clear decisions. Ideas take shape, projects gain substance. Being grounded as a strength, not a limitation.

Soul: Rootedness, belonging, inner calm, and finding your own place. Deep healing here comes not through breaking away, but through arriving.

Shadow side: Rigidity, holding on, fear of change. Burying yourself. Material worries that weigh you down. The feeling of being stuck in the mud, in old structures, or in too much responsibility.



39 AETHER

The space between everything. Vastness, openness, the invisible field where thoughts, impulses and messages travel, often before anyone has even decided to send them. What Aether brings arrives quickly. Whoever doesn't catch the impulse while it's there may not find it again later.

As a direction, Aether stands for the east; as a season, for spring, the time when what you can't yet grasp begins to form.

Body: The respiratory organs, the nervous system. Tightness in the chest shows where space is missing. Where breath flows freely, mental freedom follows.

Mind: Freedom of thought, inspiration, and a clear overview. Stagnation dissolves, new perspectives sometimes arrive faster than expected.

Soul: Connection to the spirit world, subtle perception, telepathy. Access to the upper world, to the Akashic Records. Inner vastness as a gateway between worlds.

Shadow side: Scattered focus, mental overload, thoughts that lose themselves. Too much vastness without grounding makes you ungraspable, both to others and to yourself.



40 FIRE

Pure transformation. Fire burns away what's no longer needed. What has substance remains. What this card brings arrives fast and is irreversible. Whatever was said in anger, whatever was finally let go, whatever broke through like a volcano: there's no going back. Fire doesn't wait.

As a direction, Fire stands for the south; as a season, for high summer, when what you truly want gets put into action.

Body: Warmth, fever, metabolism, heart, circulation, inflammation, or unusual exhaustion show where the fire is burning too strong or too weak.

Mind: Clarity, focus, determination. Thoughts become direct, decisions become bold. Whoever burns, moves. Whoever doesn't burn, drags themselves through.

Soul: Transformation, cleansing, letting go. The inner spark that ignites something new. A spiritual fire, and the reminder that nothing true can ever be extinguished.

Shadow side: Overheating, anger, burnout. Destruction without awareness. Impulsive action that leaves scorched earth behind.

WHAT COMES NEXT

You've now worked your way through each individual card, and you've probably noticed that every card speaks its own language.

And yet the real reading only begins once cards start relating to each other, and to you. That's exactly where the real work begins. Try drawing two cards as practice.

Here are a few examples to get you thinking.

Child and Rods:

There's still plenty to talk through about the new project before it can start. Maybe something's missing in the planning?

Rider and Letter:

A message is already on its way, faster than you think.

Cross and Book:

Here you're holding an important book in your hands, or a prayer book like the Bible.

Two cards never tell two separate stories, they tell one shared one. My book will show you just how many stories are hiding inside you once you really start combining cards.

How to Work with the Cards

Before you move on to spreads or house tables, one short but important point:

There's no right or wrong in how you handle the cards. But there is an open, clear inner attitude that makes access easier.

The cards don't respond to technique.

They respond to attention.

How to Draw a Card

First, settle yourself. Get comfortable, and make sure you won't be disturbed.

You can light a candle, burn some incense, or do whatever feels right and fitting in the moment.

There's no right or wrong here either.

Then take the cards in your hands. As you shuffle, hold your question in mind. When you're ready, spread the cards face-down like a fan in front of you and draw one.

Or shuffle the cards and let one jump out on its own.

Try both and see what suits you better. Both methods work very well, in my experience.

You don't need more than that to begin with.

What matters:

Don't draw from your head, draw from your gut feeling.

The first reaction counts. Not your third thought about it.

SPREADS AND HOW YOU WORK WITH THE CARDS

THE DAILY CARD

The daily card is your direct way into working with the cards.

It doesn't show you some grand future, but rather the quality of a day, an impulse, or an inner focus.

You shuffle the cards, draw one, and let it work on you. What matters isn't the perfect interpretation, but your first impression.

Ask yourself, for example:

What does this card trigger in me?

What does it remind me of?

Where in my life is this being mirrored right now?

The daily card isn't a verdict. It's a pointer.

Only then flick through this booklet and see what other pointers there are for that card.

It's really always the same order:

Look, feel, and only then read up.

With time, you'll grow more confident and need to read up less often.

CLARIFYING A RELATIONSHIP

Here you'll find impulses for questioning a relationship or an interpersonal issue using seven cards.

It doesn't have to be about a partnership. You'll certainly know situations like this from your own everyday life too. Within the family, among friends, or with colleagues, sometimes you don't understand what's just happened. Or you feel something you can't quite explain, and want to take a closer look at it here.

The usual questions here tend to be:

Where do the two of us stand with each other?

What exactly are we allowed to look at right now?

What connects us?

What separates us?

Where do we stand on starting a family? Moving in together? Separating?

How do we see our planned joint business?

Left side, the person asking the question; centre, the topic; right, the partner.

The topic is drawn and laid down first, beforehand. That's really what this is about.

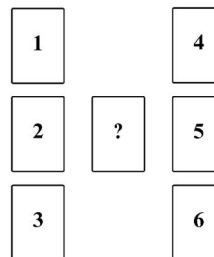
What the cards say:

? stands for the topic

1 and 4 show what each person thinks

2 and 5 show what each person feels

3 and 6 are what each person shows to the outside world.



This layout could be extended with further cards for further questions.

What is the biggest fear, or the biggest hope?

This is barely ever done in practice though, because the point here is a quick look into a current issue.

My own version:

I focus on the person in front of me and their question. Then I shuffle the cards and take the first one that falls out as the starting situation. If several fall out, so be it, that can point to several issues, or to one lying particularly close to the surface.

Then I ask for six more cards, and let them fall out while shuffling again. I lay them out in the order shown above.

Alternatively, you can draw the cards straight from the deck.

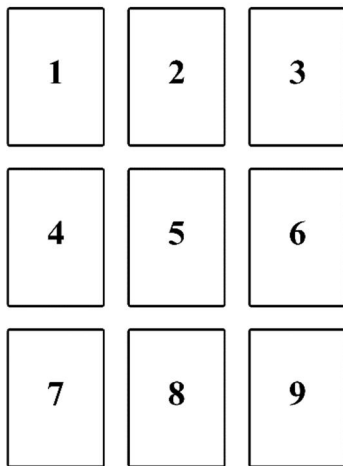
A NINE-CARD SPREAD

The nine-card spread gives you a clear picture of your current situation.

Spread the cards out as described above and draw nine cards from the deck.
Lay these nine cards out in three rows of three:

Row 1: Past / origin of the situation
Row 2: Present / what is currently at work
Row 3: Tendency / development

Now you get to experience how cards communicate with each other.
You don't read the cards individually like a dictionary, you read them as a whole picture.



Ask yourself:
Which themes keep repeating?
Where is movement building?
Where can you feel tension, or standstill?

This spread doesn't show you a fixed outcome. It shows you where you stand, what's influencing you most right now, and where this issue wants to develop.

If everything carries on exactly as it has been.

Because that's really the key point.

You see what could come, and you can still change something.

Yourself. Your attitude. Rethink your goal, and set it anew if needed.

AFTERWORD

Thank you for picking up this card deck. Perhaps you'll come to treasure it just as much as I did while creating it. And perhaps you'll already sense, from your very first session with it, that there's more resonating here than just pictures on cards.

I hope it accompanies and inspires you. And that you'll recommend it onward too, wherever that feels right for you.

You're now holding 40 cards that seem simple at first glance, but often tell you more, on a second look, than words ever could. And you've just had a first glimpse of how much depth sits inside every single symbol.

This is only the beginning.

And the more you work with them, the more the cards will open up.

If you want to go deeper still, my book is the next step. Into the combinations, the spreads, the subtle nuances between the cards, and what emerges when several cards start speaking to each other. There you'll find everything that would burst the frame of this booklet and can only be touched on here.

And if you don't just want to read about it, but truly want to learn how I work with the cards, I invite you to join my course.

Guided with mediumistic support, lively, full of real examples from practice and genuine readings you can bring into your own everyday life too.

We work either live in person in Cyprus, or online via Zoom.

No off-the-shelf system, no »fighting your way through videos alone«. Instead, real learning in real contact, with room for your own development.

You'll find both at: www.lichtarbeiten-angelika.de

I hope our paths here don't just cross, but carry on together.

Achaya

AUTHOR BIOGRAPHY ACHAYA

I am Angelika.

I live in the Mediterranean, in surroundings shaped by clarity, light and natural openness. That very quality flows into my work too.

ACHAYA grew out of my own path.

For over 30 years, I've been accompanying people on their way to more clarity and mindfulness in everyday life, with intuition, experience, and a direct eye for what lies behind things.

Early on, I noticed that I perceive things that can't always be explained. Much of it I first had to understand, place, and make sense of myself.

One moment from my childhood has stayed with me to this day: one evening, I didn't want to go to my bed, I wanted to go »home«, and simply pointed up at the sky. To me, that was entirely obvious. To the adults, it needed rather more explaining.

My grandmother was the only one back then who never questioned me. She recognised early on that I perceived things differently, and gave me the space to find my own way of understanding it.

Today, that's exactly the foundation of my work: perceiving things, making sense of them, and putting them into words others can understand.

I work with cards, with mediumistic perception, and with energetic methods, always in a way that stays practical for everyday life.

What do I stand for?

Clarity instead of confusion. Honest impulses instead of pretty words. And making sure you find your own way in, without losing yourself in concepts.

This card deck, and your booklet, are part of that.

Achaya